

Doctor Visit Discussion Guide

HFX™ is an FDA-approved treatment option for long-term pain relief from diabetic neuropathy.

It's a small device that works inside your body to significantly reduce pain.



See if HFX could help relieve your painful diabetic neuropathy:
[HFXforPDN.com](https://www.HFXforPDN.com)

➤ **Email or print this guide now and bring it to your next appointment.**



With HFX I can sleep at least eight hours and I'm ready to take on the day when I wake up."

– Mindy

Next Steps

- 1 See if HFX could help relieve your painful diabetic neuropathy.**
Answer a few questions at [HFXforPDN.com/#patient-assessment](https://www.hfxforpdn.com/#patient-assessment)

If you provide your phone number, an HFX Coach will reach out to answer your questions, help you find an HFX trained physician, and offer you additional resources:



Connect With a Patient Ambassador

Patient Ambassadors have volunteered to share their personal HFX experiences with you in a 1:1 conversation.



Join a Live Webinar + Q&A With a Physician

Hear from pain management experts and get your questions answered in the live Q&A.

- 2 Review this guide prior to speaking with your physician.**
Print this guide & bring to your appointment (give pages 6 & 7 to your provider), or email to your provider.

- 3 Schedule a consultation with an HFX trained physician.**

You can find a doctor in your area at: [HFXforPDN.com/find-a-physician](https://www.hfxforpdn.com/find-a-physician)
If a referral is required, give pages 6 and 7 to your primary care provider.

Scan to find a physician:

(Scan this code with your phone's camera)



How it Works

HFX is a small device that works inside your body to safely block and reduce pain signals traveling to the brain.

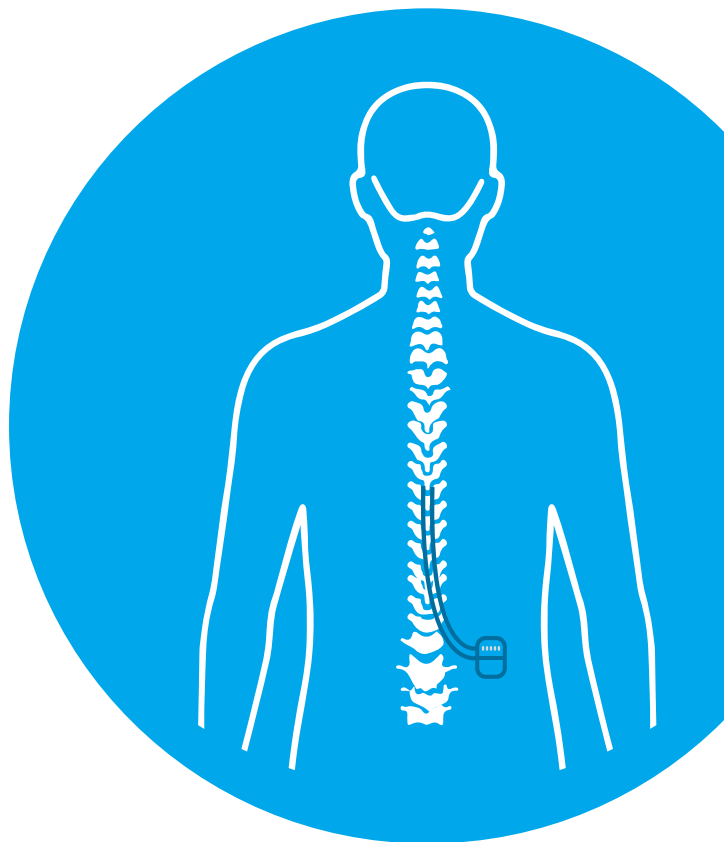
In a one-week temporary trial, you can see how HFX relieves your pain.

See How HFX Works:

(Scan this code with your phone's camera)



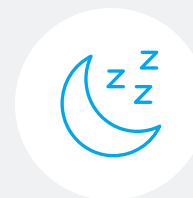
youtube.com/watch?v=jVMecoMYs8I



**HFX is safe and
FDA approved**



**Not a drug: relief
without the common
side effects of
medications**



**Reduce your pain and
improve your sleep**

All Major Health Insurances Cover HFX

HFX is covered by all major insurance plans, including Medicare & Medicare Supplemental plans, Medicaid, and the VA/Tricare.

Who is a Good Candidate for HFX?

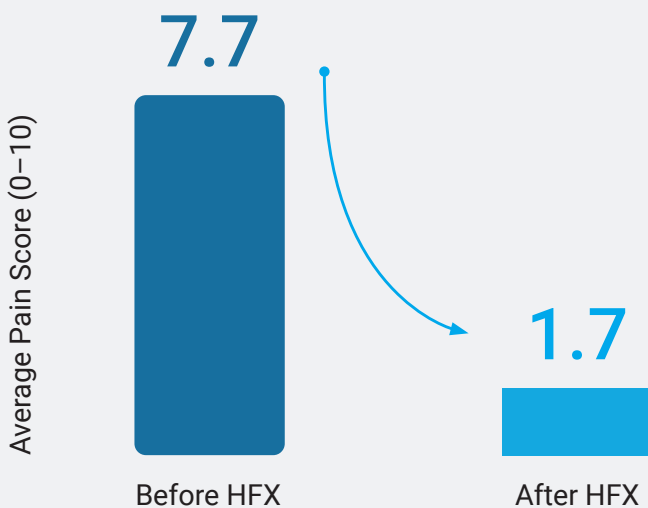
- ✓ You've been diagnosed with diabetes
- ✓ You've been diagnosed with painful diabetic neuropathy
- ✓ Your pain is located in your legs and feet
- ✓ You still have pain after trying 2 or more prescription medications, or would like to avoid the side effects from medications

HFX has helped over **80,000** people worldwide find long-term relief from chronic pain.

Clinically Proven Pain Relief

Even for people that had tried prescription medications, **86% now enjoy significant long-term pain relief from diabetic neuropathy.**¹

77% Average Pain Relief



(N=216)

Improved Sensation

68% of people experienced neurologic improvements (such as motor strength, reflexes, or sensory function)¹



Ask These Questions at Your Next Appointment:

- 1** I'm still experiencing significant pain from my diabetic neuropathy, and/or side effects from the prescribed medications.
 - Is there anything else we could try?

- 2** How much longer do we wait before trying something else?

- 3** Are you aware of a new FDA-approved nondrug treatment for painful diabetic neuropathy (PDN) called Nevro HFX?
(If no, see pg 7 for more information. Providers can also learn more & review published clinical trial data at: [HFXforPDN.com/healthcare-providers](https://www.HFXforPDN.com/healthcare-providers))

- 4** Do you think I might be a good candidate for HFX to treat my PDN?
(Provider: see pg 7)

- 5** Do you offer Nevro HFX at your practice?
(If your provider doesn't offer HFX, ask for a referral – see page 6)

Add your questions below:

Q _____

A _____

Q _____

A _____

Q _____

A _____

Q _____

A _____

Referral Guide for Nevro HFX

Good Candidates for Nevro HFX:

- Diagnosed with diabetes
- HbA1c is less than or equal to 10%
- Diagnosed with Diabetic Neuropathy & experiencing pain in lower limbs
- Refractory to Conventional Medical Management (have tried and failed 2+ prescribed PDN medications)
- Deemed to be medically suitable for the procedure

Refer to a pain specialist for consideration of Nevro HFX

To find a pain physician experienced with HFX visit [HFXforPDN.com/find-a-physician](https://www.hfxforpdn.com/find-a-physician)

Scan Here:



**Nearly 86% of patients
have substantial,
durable pain relief¹**



**77% average pain
relief at 12-months¹**



**92% of patients were
satisfied with their
treatment²**

All Major Health Insurances Cover Nevro HFX

HFX is covered by all major insurance plans, including Medicare & Medicare Supplemental plans, Medicaid, and the VA/Tricare.

For more clinical publications visit: [Nevro.com/English/us/publications/default.aspx](https://www.nevro.com/English/us/publications/default.aspx)

Scan here:

(Scan this code with your phone's camera)



Rx Only: Patient experiences with the Senza®, Senza II™ and Senza Omnia™ neuromodulation systems vary by individual, including the amount of pain relief. The occurrence of adverse effects associated with SCS implant surgery or use also varies by patient.

Brief Summary: A summary of important information follows. Please see www.HFXforPDN.com/safety and the Senza, Senza II and Senza Omnia Patient Manual (at <https://www.nevro.com/manuals>) for complete information. Please consult your doctor to fully understand Senza, Senza II and Senza Omnia benefits and risks.

Indications for Use: The Senza, Senza II and Senza Omnia neuromodulation systems are used as aids in the management of chronic intractable pain of the trunk and/or limbs. This includes pain associated with failed back surgery syndrome, intractable low back pain, and leg pain. The Senza, Senza II and Senza Omnia neuromodulation systems, when programmed to include a frequency of 10 kHz, are indicated as aids in the management of chronic intractable pain of the lower limbs, including unilateral or bilateral pain, associated with diabetic neuropathy.

Contraindications: These include patients not fit for surgery.

Side effects or risks involved with the Senza, Senza II, and Senza Omnia Systems:

The Senza, Senza II, and Senza Omnia Systems have a very similar safety profile to other SCS systems and the side effects or risks associated with use of this or any other SCS systems that have been available for many years are similar. Some patients may be at higher risk of surgical complications, including those with diabetes. Discuss with your physician to assess all the risks involved.

If the Senza, Senza II, or Senza Omnia System is right for you, your doctor will discuss with you the implantation of the Senza, Senza II, or Senza Omnia System. During the implant procedure, the surgeon will place the stimulating generator (similar to a pacemaker) underneath the skin in a suitable location. As with other minor surgical procedures complications include anesthetic risks, infection, poor wound healing and pain at the surgical site. Most complications are mild or temporary, but in extremely rare cases can cause serious injury or death.

This is summary, to see a full list of side effects or risks, please visit www.HFXforPDN.com/resources/safety-information

References:

1. Petersen, E, et. al. Durability of high-frequency 10 kHz spinal cord stimulation for patients with painful diabetic neuropathy refractory to conventional treatments. Diabetes Care, November 2021.
2. Petersen, E, et. al. Effect of High-frequency (10-kHz) Spinal Cord Stimulation in Patients With Painful Diabetic Neuropathy A Randomized Clinical Trial. JAMA Neurology, April 2021.